

## Senior 60+ Resources

<u>Resource</u>	<u>Name</u>	<u>Street Address</u>	<u>City</u>	<u>Phone</u>	<u>Website</u>
Adult Day Care Services	Maine Senior Guide				<a href="https://maineseniorguide.com/category-advertisers/adult-day-programs/">https://maineseniorguide.com/category-advertisers/adult-day-programs/</a>
Adult Day Care Services	Aroostook Agency on Aging			(800) 439-1789	<a href="https://aroostookaging.org/services/#STAYINGATHOME">https://aroostookaging.org/services/#STAYINGATHOME</a>
Adult Protective Services				(800) 624-8404	
Advocacy	Seniors Plus	8 Falcon Road	Lewiston	(800) 427-1241	
Aging	University of Maine Center on Aging	25 Texas Avenue	Bangor	(207) 262-7920	<a href="https://mainecenteronaging.umaine.edu/">https://mainecenteronaging.umaine.edu/</a>
Alzheimer's Education & Support	Alzheimer's Association		Scarborough	(207) 772-0115	<a href="https://www.alz.org/maine?set=1">https://www.alz.org/maine?set=1</a>
Caregiver Support	Southern Maine Agency on Aging		Scarborough	(800) 427-7411	<a href="https://www.smaaa.org/resources/caregiver.html">https://www.smaaa.org/resources/caregiver.html</a>
Caregiver Support	Seniors Plus		Lewiston	(800) 427-1241	<a href="https://www.seniorsplus.org/caregiver-services">https://www.seniorsplus.org/caregiver-services</a>
Caregiver Support	National Eldercare Locator			(800) 677-1116	<a href="https://eldercare.acl.gov/Public/Index.aspx">https://eldercare.acl.gov/Public/Index.aspx</a>
Caregiver Support	Aroostook Agency on Aging			(800) 439-1789	<a href="https://aroostookaging.org/services/#STAYINGATHOME">https://aroostookaging.org/services/#STAYINGATHOME</a>
Caregiver Support	Eastern Area Agency on Aging	8 Falcon Road	Brewer	(800) 225-5335	<a href="https://www.eaaa.org/caregiver-services/">https://www.eaaa.org/caregiver-services/</a>
Community Services & Involvement	Scarborough 55+ Programs	250 US Route One	Scarborough	(207) 730-0150	<a href="http://www.scarboroughmaine.org/departments/community-services/55-program">http://www.scarboroughmaine.org/departments/community-services/55-program</a>
Community Services & Involvement	Maine Senior Guide				<a href="https://maineseniorguide.com/">https://maineseniorguide.com/</a>
Community Services & Involvement	Maine Seniors Magazine				<a href="https://www.meseniors.com/">https://www.meseniors.com/</a>
Community Services & Involvement	York Seniors Center	36 Main Street	York	(207) 363-1036	<a href="https://www.yorkparksandrec.org/">https://www.yorkparksandrec.org/</a>
Community Services & Involvement	Wells & Ogunquit Center at Moody	300 Post Road	Wells	(207) 646-7775	<a href="https://www.facebook.com/WellsOgunquitSeniorCenter/">https://www.facebook.com/WellsOgunquitSeniorCenter/</a>
Community Services & Involvement	Acadia Senior College		Southwest Harbo	(207) 288-9500	<a href="https://www.acadiaseniorcollege.org/">https://www.acadiaseniorcollege.org/</a>
Community Services & Involvement	Hammond Street Senior Center	2 Hammond Street	Bangor	(207) 262-5532	
Community Services & Involvement	Salvation Army of Greater Portland		Portland	(207) 774-4172 x67	<a href="https://nne.salvationarmy.org/portland-me/senior-center">https://nne.salvationarmy.org/portland-me/senior-center</a>
Community Services & Involvement	South Berwick Senior Center	71 Norton Street	South Berwick	(207) 384-3310	<a href="http://www.southberwickmaine.org/departments/recreation/senior_center.php">http://www.southberwickmaine.org/departments/recreation/senior_center.php</a>
Community Services & Involvement	Litchfield Senior Center	466 Academy Road	Litchfield	(207) 215-4595	<a href="https://www.litchfieldmaine.org/community/senior-center/">https://www.litchfieldmaine.org/community/senior-center/</a>
Community Services & Involvement	Saco Parks & Rec			(207) 468-0392	<a href="https://www.sacomaine.org/residents/senior_citizen_resources.php">https://www.sacomaine.org/residents/senior_citizen_resources.php</a>
Community Services & Involvement	Richmond Senior Center	314 Front Street	Richmond	(207) 737-2161	<a href="http://www.richmondmaine.com/richmond-seniors.aspx">http://www.richmondmaine.com/richmond-seniors.aspx</a>
Community Services & Involvement	People Plus	35 Union Street	Brunswick	(207) 729-0757	<a href="https://peopleplusmaine.org/">https://peopleplusmaine.org/</a>
Community Services & Involvement	Bucksport Area Senior Citizens Center	125 Broadway	Bucksport	(207) 469-3632	<a href="https://www.bucksportmaine.gov/index.asp?Type=B_BASIC&amp;SEC=(C982E98-C808-435E-AEDC-CDC8544CB43B)">https://www.bucksportmaine.gov/index.asp?Type=B_BASIC&amp;SEC=(C982E98-C808-435E-AEDC-CDC8544CB43B)</a>
Community Services & Involvement	Cape Elizabeth Senior Services		Cape Elizabeth		<a href="https://capeelizabeth.com/services/seniors/home.html">https://capeelizabeth.com/services/seniors/home.html</a>
Community Services & Involvement	Harpswell Senior Services		Harpswell		<a href="https://www.harpswell.maine.gov/index.asp?SEC=E465FCE7-D01A-4A74-9BBF-798DB63049FD&amp;Type=B_BASIC">https://www.harpswell.maine.gov/index.asp?SEC=E465FCE7-D01A-4A74-9BBF-798DB63049FD&amp;Type=B_BASIC</a>
Community Services & Involvement	Gateway Seniors Without Walls	9 Chestnut Court	Orono	(207) 889-3031	<a href="https://gateway seniorswithoutwalls.org/">https://gateway seniorswithoutwalls.org/</a>
Crime & Fraud Protection	TRIAD (Androscoggin County)			(207) 784-6422 x375	
Crime & Fraud Protection	TRIAD (Franklin County)			(207) 778-2680	
Crime & Fraud Protection	TRIAD (Oxford County)			(800) 733-1421	
Crime & Fraud Protection	TRIAD (Penobscot County)			(800) 225-5335	<a href="https://www.eaaa.org/penobscot-county-triad/">https://www.eaaa.org/penobscot-county-triad/</a>
Crime & Fraud Protection	TRIAD (Cumberland County)		Gorham/Westbr	(207) 774-1444	<a href="https://www.facebook.com/Gorham-Windham-Westbrook-TRIAD-1397802503820355/">https://www.facebook.com/Gorham-Windham-Westbrook-TRIAD-1397802503820355/</a>
Crime & Fraud Protection	TRIAD (Cumberland County)		South Portland/C	(207) 532-3471	<a href="https://www.southportland.org/departments/police-department/community-programs/triad/">https://www.southportland.org/departments/police-department/community-programs/triad/</a>
Crime & Fraud Protection	TRIAD (Cumberland County)		Scarborough	(207) 730-4337	<a href="https://www.scarboroughlibrary.org/community-resources/social-services/scarborough-triad">https://www.scarboroughlibrary.org/community-resources/social-services/scarborough-triad</a>
Crime & Fraud Protection	TRIAD (Cumberland County)		Bath	(207) 751-6989	<a href="https://elderabuseprevention.info/merrymeeting-bay-triad">https://elderabuseprevention.info/merrymeeting-bay-triad</a>
Crime & Fraud Protection	TRIAD (Knox County)				<a href="https://sites.google.com/a/knoxcountymaine.gov/knox-county-triad/crime-prevention">https://sites.google.com/a/knoxcountymaine.gov/knox-county-triad/crime-prevention</a>
Crime & Fraud Protection	TRIAD (Aroostook County)			(207) 532-3471	
Crime & Fraud Protection	TRIAD (Hancock County)			(207) 466-6900	<a href="http://www.hancockso.com/community_service.html">http://www.hancockso.com/community_service.html</a>
Dementia Care	Dementia Care Strategies, Inc.		Bath	(207) 468-0705	<a href="http://www.dementiacarestrategies.com/">http://www.dementiacarestrategies.com/</a>
Domestic Violence	Domestic Violence Helpline			(866) 834-4357	
Domestic Violence	Safe Voices			(800) 559-2927	<a href="https://safevoices.org/">https://safevoices.org/</a>
Domestic Violence	Maine Coalition to End Domestic Violence	One Weston Court	Augusta	(866) 834-HELP	<a href="https://www.mcedv.org/">https://www.mcedv.org/</a>
Elder Abuse	Maine Council for Elder Abuse Prevention				<a href="https://www.elderabuseprevention.info/">https://www.elderabuseprevention.info/</a>
Elder Abuse	Elder Abuse Institute of Maine	14 Maine Street	Brunswick	(207) 805-3708	<a href="https://www.eaime.org/">https://www.eaime.org/</a>
Employment	Associates for Training & Development	37 Park Street	Lewiston	(800) 439-3307 x25	<a href="https://a4td.org/">https://a4td.org/</a>
Employment	New Ventures Maine	331 Water Street	Augusta	(800) 442-2092	<a href="https://newventuresmaine.org/programs/">https://newventuresmaine.org/programs/</a>
Exercise	Agewell Workshops			(800) 427-7411	<a href="https://www.smaaa.org/wellness/agewell-calendar.html">https://www.smaaa.org/wellness/agewell-calendar.html</a>
Exercise	Maine Senior Games (age 45+)			(800) 427-7411	<a href="https://www.smaaa.org/maineseniorgames/index.html">https://www.smaaa.org/maineseniorgames/index.html</a>
Exercise	Senior Strength		Brewer	(800) 225-5335	<a href="https://www.eaaa.org/senior-strength/">https://www.eaaa.org/senior-strength/</a>
Exercise	Enhance Fitness		Brewer	(800) 225-5335	<a href="https://www.eaaa.org/enhancefitness/">https://www.eaaa.org/enhancefitness/</a>
Exercise	Arthritis Foundation Exercise Program		Brewer	(800) 225-5335	<a href="https://www.eaaa.org/arthritis-foundation-exercise-program/">https://www.eaaa.org/arthritis-foundation-exercise-program/</a>
Exercise	Wellness Programs		Presque Isle	(800) 439-1789	<a href="https://aroostookaging.org/services/#WELLNESS">https://aroostookaging.org/services/#WELLNESS</a>
Fall Prevention	Maine Falls Prevention Coalition			(800) 427-7411	<a href="https://www.smaaa.org/mfpc/index.html">https://www.smaaa.org/mfpc/index.html</a>
Family Crisis Services			Portland	(207) 874-1973	

## Senior 60+ Resources

Food	Commodity Supplemental Food Program	136 US Route One	Scarborough	(800) 427-7411	<a href="https://www.smaaa.org/">https://www.smaaa.org/</a>
Food	Commodity Supplemental Food Program	One Weston Court	Augusta	(800) 639-1553	<a href="https://www.spectrumgenerations.org/services/nutrition-services">https://www.spectrumgenerations.org/services/nutrition-services</a>
Food	We Sustain Maine	One Weston Court	Augusta	(800) 639-1553	<a href="https://www.spectrumgenerations.org/nutrition-services/we-sustain-maine">https://www.spectrumgenerations.org/nutrition-services/we-sustain-maine</a>
Grocery Shopping	Southern Maine Agency on Aging	136 US Route One	Scarborough	(800) 427-7411	<a href="https://www.smaaa.org/">https://www.smaaa.org/</a>
Health Care	Maine Health Care Association	317 State Street	Augusta	(207) 623-1146	<a href="https://www.mehca.org/">https://www.mehca.org/</a>
Housing	Maine State Housing Authority	353 Water Street	Augusta	(800) 452-4668	<a href="https://mainehousing.org/">https://mainehousing.org/</a>
Housing	US Dept. of Housing & Urban Development (HUD)				<a href="https://www.hud.gov/states/maine/homeownership/seniors">https://www.hud.gov/states/maine/homeownership/seniors</a>
Housing	Volunteers of America Northern New England	14 Maine Street, Suite 100	Brunswick	(207) 373-1140	<a href="https://www.voanne.org/">https://www.voanne.org/</a>
Legal Services	Legal Services for the Elderly		Statewide	(800) 750-5353	<a href="https://www.mainelse.org/">https://www.mainelse.org/</a>
Long Term Care	Maine Long Term Care Ombudsman	61 Winthrop Street	Augusta	(800) 499-0229	<a href="https://www.maineombudsman.org/">https://www.maineombudsman.org/</a>
Meal Delivery	Simply Delivered for ME		Scarborough	(800) 427-7411	<a href="https://www.smaaa.org/wellness/simply-delivered.html">https://www.smaaa.org/wellness/simply-delivered.html</a>
Meal Delivery	Meals on Wheels (SMAAA)		Scarborough	(800) 427-7411	<a href="https://www.smaaa.org/wellness/meals.html">https://www.smaaa.org/wellness/meals.html</a>
Meal Delivery	Meals on Wheels (Seniors Plus)		Lewiston	(800) 427-1241	<a href="https://www.seniorsplus.org/nutrition-services">https://www.seniorsplus.org/nutrition-services</a>
Meal Delivery	Meals on Wheels (Spectrum Generations)		Augusta	(800) 639-1553	<a href="https://www.spectrumgenerations.org/services/nutrition-services">https://www.spectrumgenerations.org/services/nutrition-services</a>
Meal Delivery	Maine-ly Delivered Meals		Augusta	(800) 639-1553	<a href="https://www.spectrumgenerations.org/services/nutrition-services">https://www.spectrumgenerations.org/services/nutrition-services</a>
Medicare Counseling	Southern Maine Agency on Aging	136 US Route One	Scarborough	(800) 427-7411	<a href="https://www.smaaa.org/resources/medicare.html">https://www.smaaa.org/resources/medicare.html</a>
Medicare Counseling	Seniors Plus	8 Falcon Road	Lewiston	(800) 427-1241	<a href="https://www.seniorsplus.org/medicare-counseling">https://www.seniorsplus.org/medicare-counseling</a>
Medicare Counseling	Eastern Area Agency on Aging	240 State Street	Brewer	(800) 225-5335	<a href="https://www.eaaa.org/health-insurance-counseling/">https://www.eaaa.org/health-insurance-counseling/</a>
Medicare Counseling	Aroostook Agency on Aging	260 Main Street, Suite B	Presque Isle	(800) 439-1789	<a href="https://aroostookaging.org/services/#TRUSTEDINFORMATION">https://aroostookaging.org/services/#TRUSTEDINFORMATION</a>
Money Minders	Southern Maine Agency on Aging	136 US Route One	Scarborough	(800) 427-7411	<a href="https://www.smaaa.org/resources/money-minders.html">https://www.smaaa.org/resources/money-minders.html</a>
Money Minders	Aroostook Agency on Aging	260 Main Street, Suite B	Presque Isle	(800) 439-1789	<a href="https://aroostookaging.org/services/">https://aroostookaging.org/services/</a>
Money Minders	Seniors Plus	8 Falcon Road	Lewiston	(800) 427-1241	<a href="https://www.seniorsplus.org/aging-and-disability-resource-center">https://www.seniorsplus.org/aging-and-disability-resource-center</a>
Options Counseling	Seniors Plus	8 Falcon Road	Lewiston	(800) 427-1241	<a href="https://www.seniorsplus.org/options-counseling">https://www.seniorsplus.org/options-counseling</a>
Pet Food Program	AniMeals		Augusta	(800) 639-1553	<a href="https://www.spectrumgenerations.org/services/nutrition-services">https://www.spectrumgenerations.org/services/nutrition-services</a>
<b>Resource Center</b>	<b>State of Maine</b>				<a href="https://www.maine.gov/dhhs/oads/community-support/resource-centers.html">https://www.maine.gov/dhhs/oads/community-support/resource-centers.html</a>
<b>Resource Center</b>	<b>Southern Maine Agency on Aging</b>	<b>136 US Route One</b>	<b>Scarborough</b>	<b>(800) 427-7411</b>	<a href="https://www.smaaa.org/">https://www.smaaa.org/</a>
<b>Resource Center</b>	<b>Seniors Plus</b>	<b>8 Falcon Road</b>	<b>Lewiston</b>	<b>(800) 427-1241</b>	<a href="https://www.seniorsplus.org/aging-and-disability-resource-center">https://www.seniorsplus.org/aging-and-disability-resource-center</a>
<b>Resource Center</b>	<b>Spectrum Generations</b>	<b>One Weston Court, Suite 109</b>	<b>Augusta</b>	<b>(800) 639-1553</b>	<a href="https://www.spectrumgenerations.org/">https://www.spectrumgenerations.org/</a>
<b>Resource Center</b>	<b>Eastern Area Agency on Aging</b>	<b>240 State Street</b>	<b>Brewer</b>	<b>(800) 432-7812</b>	<a href="https://www.eaaa.org/">https://www.eaaa.org/</a>
<b>Resource Center</b>	<b>Maine Senior Resource Alliance</b>			<b>(207) 274-8965</b>	<a href="http://maineseniors.org/casco/">http://maineseniors.org/casco/</a>
<b>Resource Center</b>	<b>Aroostook Agency on Aging</b>	<b>260 Main Street, Suite B</b>	<b>Presque Isle</b>	<b>(800) 439-1789</b>	<a href="https://aroostookaging.org/">https://aroostookaging.org/</a>
Securities	Office of Securities			(877) 624-8551	
Sexual Assault	Maine Coalition Against Sexual Assault	45 Memorial Circle, Suite 302	Augusta	(800) 871-7741	<a href="https://www.mecasa.org/">https://www.mecasa.org/</a>
Sexual Assault	Sexual Assault Support Services of Midcoast Maine		Brunswick	(207) 725-2181	<a href="https://www.sassmm.org/">https://www.sassmm.org/</a>
Social Dining	Community Café (Richard Martin Community Center)	189 Alfred Street	Biddeford	(207) 283-2477	<a href="https://www.smaaa.org/wellness/cafes.html">https://www.smaaa.org/wellness/cafes.html</a>
Social Dining	Community Café (East End Community Center)	195 North Street	Portland	(207) 878-3285	<a href="https://www.smaaa.org/wellness/cafes.html">https://www.smaaa.org/wellness/cafes.html</a>
Social Dining	Community Café (Blue Point Congregational Church)	236 Pine Point Road	Scarborough	(207) 510-4974	<a href="https://www.smaaa.org/wellness/cafes.html">https://www.smaaa.org/wellness/cafes.html</a>
Social Dining	Community Café (Martin's Point Healthcare)	153 US Route One	Scarborough	(207) 730-4150	<a href="https://www.smaaa.org/wellness/cafes.html">https://www.smaaa.org/wellness/cafes.html</a>
Social Dining	Community Café (People's United Methodist Church)	310 Broadway	South Portland	(207) 767-2255	<a href="https://www.smaaa.org/wellness/cafes.html">https://www.smaaa.org/wellness/cafes.html</a>
Social Dining	Community Café (Westbrook Community Center)	426 Bridge Street	Westbrook	(207) 956-1348	<a href="https://www.smaaa.org/wellness/cafes.html">https://www.smaaa.org/wellness/cafes.html</a>
Social Dining	Around Town (Brickyard Café)	Route 2	Farmington	(207) 779-0708	<a href="https://www.seniorsplus.org/assets/ParticipatingAroundTownLocations_12-2018_winterhours.pdf">https://www.seniorsplus.org/assets/ParticipatingAroundTownLocations_12-2018_winterhours.pdf</a>
Social Dining	Around Town (Campus Cuisine)	100 Campus Avenue	Lewiston		<a href="https://www.seniorsplus.org/assets/ParticipatingAroundTownLocations_12-2018_winterhours.pdf">https://www.seniorsplus.org/assets/ParticipatingAroundTownLocations_12-2018_winterhours.pdf</a>
Social Dining	Around Town (Chick-A-Dee of Lewiston)	1472 Lisbon Street	Lewiston	(207) 376-3870	<a href="https://www.seniorsplus.org/assets/ParticipatingAroundTownLocations_12-2018_winterhours.pdf">https://www.seniorsplus.org/assets/ParticipatingAroundTownLocations_12-2018_winterhours.pdf</a>
Social Dining	Around Town (Chuck Wagon Restaurant)	2 Depot Street	Livermore Falls	(207) 897-4031	<a href="https://www.seniorsplus.org/assets/ParticipatingAroundTownLocations_12-2018_winterhours.pdf">https://www.seniorsplus.org/assets/ParticipatingAroundTownLocations_12-2018_winterhours.pdf</a>
Social Dining	Around Town (Douin's Market & Diner)	150 Mercer Road	New Sharon	(207) 778-4111	<a href="https://www.seniorsplus.org/assets/ParticipatingAroundTownLocations_12-2018_winterhours.pdf">https://www.seniorsplus.org/assets/ParticipatingAroundTownLocations_12-2018_winterhours.pdf</a>
Social Dining	Around Town (Ellis's Variety)	126 Weld Street	Dixfield	(207) 562-8284	<a href="https://www.seniorsplus.org/assets/ParticipatingAroundTownLocations_12-2018_winterhours.pdf">https://www.seniorsplus.org/assets/ParticipatingAroundTownLocations_12-2018_winterhours.pdf</a>
Social Dining	Around Town (GrantLee's Tavern & Grill)	476 Fairbanks Road	Farmington	(207) 778-0880	<a href="https://www.seniorsplus.org/assets/ParticipatingAroundTownLocations_12-2018_winterhours.pdf">https://www.seniorsplus.org/assets/ParticipatingAroundTownLocations_12-2018_winterhours.pdf</a>
Social Dining	Around Town (LaFleur's Family Restaurant)	224 Main Street	Jay	(807) 897-2117	<a href="https://www.seniorsplus.org/assets/ParticipatingAroundTownLocations_12-2018_winterhours.pdf">https://www.seniorsplus.org/assets/ParticipatingAroundTownLocations_12-2018_winterhours.pdf</a>
Social Dining	Around Town (Market Square Restaurant)	24 Market Square	South Paris	(207) 743-3011	<a href="https://www.seniorsplus.org/assets/ParticipatingAroundTownLocations_12-2018_winterhours.pdf">https://www.seniorsplus.org/assets/ParticipatingAroundTownLocations_12-2018_winterhours.pdf</a>
Social Dining	People's Methodist Church	310 Broadway	South Portland	(207) 767-2255	<a href="https://www.smaaa.org/wellness/ayli.html">https://www.smaaa.org/wellness/ayli.html</a>
Social Dining	Brighton Medical Center Cafeteria	335 Brighton Avenue	Portland	(207) 767-2256	<a href="https://www.smaaa.org/wellness/ayli.html">https://www.smaaa.org/wellness/ayli.html</a>
Social Dining	Impressions Café	22 Bramhall Street	Portland	(207) 767-2257	<a href="https://www.smaaa.org/wellness/ayli.html">https://www.smaaa.org/wellness/ayli.html</a>
Social Dining	Blast From The Past Too	623 US Route One	Scarborough	(207) 767-2258	<a href="https://www.smaaa.org/wellness/ayli.html">https://www.smaaa.org/wellness/ayli.html</a>
Social Dining	Café At The Atrium	100 Campus Drive	Scarborough	(207) 767-2259	<a href="https://www.smaaa.org/wellness/ayli.html">https://www.smaaa.org/wellness/ayli.html</a>
Social Dining	Café 84	84 Campus Drive	Scarborough	(207) 767-2260	<a href="https://www.smaaa.org/wellness/ayli.html">https://www.smaaa.org/wellness/ayli.html</a>
Social Dining	Heritage Court	71 Spring Street	Auburn	(800) 427-1241	<a href="https://www.seniorsplus.org/assets/SocialDiningSiteslists_formerlyLunchPlusCafes091018.pdf">https://www.seniorsplus.org/assets/SocialDiningSiteslists_formerlyLunchPlusCafes091018.pdf</a>

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Social Dining	The Auburn Townhouse	74 Lake Auburn Avenue	Auburn	(800) 427-1241	<a href="https://www.seniorsplus.org/assets/SocialDiningSiteslists_formerlyLunchPlusCafes091018.pdf">https://www.seniorsplus.org/assets/SocialDiningSiteslists_formerlyLunchPlusCafes091018.pdf</a>
Social Dining	Meadowview Park Community Hall	23 Spofford Street	Lewiston	(800) 427-1241	<a href="https://www.seniorsplus.org/assets/SocialDiningSiteslists_formerlyLunchPlusCafes091018.pdf">https://www.seniorsplus.org/assets/SocialDiningSiteslists_formerlyLunchPlusCafes091018.pdf</a>
Social Dining	Trinity Jubilee Center	Bates Street	Lewiston	(800) 427-1241	<a href="https://www.seniorsplus.org/assets/SocialDiningSiteslists_formerlyLunchPlusCafes091018.pdf">https://www.seniorsplus.org/assets/SocialDiningSiteslists_formerlyLunchPlusCafes091018.pdf</a>
Social Dining	MTM Community Center	School Street	Lisbon Falls	(800) 427-1241	<a href="https://www.seniorsplus.org/assets/SocialDiningSiteslists_formerlyLunchPlusCafes091018.pdf">https://www.seniorsplus.org/assets/SocialDiningSiteslists_formerlyLunchPlusCafes091018.pdf</a>
Social Dining	Farmington Community Center	127 Middle Street	Farmington	(800) 427-1241	<a href="https://www.seniorsplus.org/assets/SocialDiningSiteslists_formerlyLunchPlusCafes091018.pdf">https://www.seniorsplus.org/assets/SocialDiningSiteslists_formerlyLunchPlusCafes091018.pdf</a>
Social Dining	Rangeley Townhouse Apartment		Rangeley	(207) 864-3986	<a href="https://www.seniorsplus.org/assets/SocialDiningSiteslists_formerlyLunchPlusCafes091018.pdf">https://www.seniorsplus.org/assets/SocialDiningSiteslists_formerlyLunchPlusCafes091018.pdf</a>
Social Dining	Nezinscot Village	Route 117	Buckfield	(800) 427-1241	<a href="https://www.seniorsplus.org/assets/SocialDiningSiteslists_formerlyLunchPlusCafes091018.pdf">https://www.seniorsplus.org/assets/SocialDiningSiteslists_formerlyLunchPlusCafes091018.pdf</a>
Social Dining	The Progress Center	35 Cottage Street	Norway		<a href="https://www.seniorsplus.org/assets/SocialDiningSiteslists_formerlyLunchPlusCafes091018.pdf">https://www.seniorsplus.org/assets/SocialDiningSiteslists_formerlyLunchPlusCafes091018.pdf</a>
Social Dining	Muskie Center	20 Congress Street	Rumford	(800) 427-1241	<a href="https://www.seniorsplus.org/assets/SocialDiningSiteslists_formerlyLunchPlusCafes091018.pdf">https://www.seniorsplus.org/assets/SocialDiningSiteslists_formerlyLunchPlusCafes091018.pdf</a>
Social Dining	Muskie Community Center	38 Gold Street	Waterville	(207) 873-4745	<a href="https://www.spectrumgenerations.org/centers">https://www.spectrumgenerations.org/centers</a>
Social Dining	Cohen Community Center	22 Town Farm Road	Hallowell	(207) 626-7777	<a href="https://www.spectrumgenerations.org/centers">https://www.spectrumgenerations.org/centers</a>
Social Dining	Waldo Community Center	18 Merriam Road	Belfast	(207) 338-1190	<a href="https://www.spectrumgenerations.org/centers">https://www.spectrumgenerations.org/centers</a>
Social Dining	Lincoln County Regional Center	525 Main Street	Damariscotta	(207) 563-1363	<a href="https://www.spectrumgenerations.org/centers">https://www.spectrumgenerations.org/centers</a>
Social Dining	Somerset Community Center	30 Leavitt Street	Skowhegan	(207) 474-8552	<a href="https://www.spectrumgenerations.org/centers">https://www.spectrumgenerations.org/centers</a>
Social Dining	Knox Resource Office	87 Elm Street, Suite 204 A	Camden	(207) 596-0339	<a href="https://www.spectrumgenerations.org/centers">https://www.spectrumgenerations.org/centers</a>
Social Dining	Midcoast Regional Center	35 Union Street	Brunswick	(207) 729-0475	<a href="https://www.spectrumgenerations.org/centers">https://www.spectrumgenerations.org/centers</a>
Transportation	Aroostook Regional Transportation (ARTS)			(800) 442-3320	<a href="https://www.arostooktransportation.org/">https://www.arostooktransportation.org/</a>
Travel	Elderhostel	11 Avenue de Lafayette	Boston	(800) 454-5768	<a href="https://www.roadscholar.org/">https://www.roadscholar.org/</a>
Travel	Northeast Charter & Tour	235 Goddard Road	Lewiston	(207) 784-3159	<a href="http://www.northeastchartertour.com/senior-tours/">http://www.northeastchartertour.com/senior-tours/</a>
Victim Services	Maine Dept. of Corrections	111 State House Station	Augusta	(800) 968-6909	<a href="https://www.maine.gov/corrections/VictimServices/index.htm">https://www.maine.gov/corrections/VictimServices/index.htm</a>